



UNC CFAR Social and Behavioral Science Research Core SABI Database

INSTRUMENT TITLE: Sayles Internalized HIV Stigma Scale

SOURCE ARTICLE: Sayles, J. N., Hays, R. D., Sarkisian, C. A., Mahajan, A. P., Spritzer, K. L., Cunningham, W. E. (2008). Development and Psychometric Assessment of a Multidimensional Measure of Internalized HIV Stigma in a Sample of HIV-positive Adults. *AIDS Behav*, 12, 748-758.

RESPONSE OPTIONS: None of the time, A little of the time, Some of the time, Most of the time, All of the time

SURVEY ITEMS:

1. HIV is different than other diseases like cancer because people with HIV are judged.
2. People assume I have done something bad to get HIV.
3. Society looks down on people who have HIV.
4. People think that if you have HIV then you got what you deserve.
5. People blame me for having HIV.
6. People assume I slept around because I have HIV.
7. People think that if you have HIV you do not deserve to have children.
8. People are afraid to let someone with HIV adopt a child.
9. People think I am a bad person because I have HIV.
10. Medical providers assume people with HIV sleep around.
11. People lose their jobs because they have HIV.

TERMS OF USE:

Individuals may use this information for research or educational purposes only and may not use this information for commercial purposes. When using this instrument, please cite:

Sayles, J. N., Hays, R. D., Sarkisian, C. A., Mahajan, A. P., Spritzer, K. L., Cunningham, W. E. (2008). Development and Psychometric Assessment of a Multidimensional Measure of Internalized HIV Stigma in a Sample of HIV-positive Adults. *AIDS Behav*, 12, 748-758.

When presenting results using any survey information you obtained from the SABI, please acknowledge the University of North Carolina at Chapel Hill Center for AIDS Research (CFAR), an NIH funded program P30 AI50410.



UNC CFAR Social and Behavioral Science Research Core SABI Database

12. People think you can't be a good parent if you have HIV.
13. I am concerned if I go to the HIV clinic someone I know might see me.
14. I am concerned if I have physical changes from the HIV medicines people will know I have HIV.
15. I am concerned if I go to an AIDS organization someone I now might see me.
16. I am concerned people will find out I have HIV by looking at my medical paperwork.
17. I am concerned that if I am sick people I know will find out about my HIV.
18. Nurses and doctors treat people who have HIV as if they are contagious.
19. Nurses and doctors dislike caring for patients with HIV.
20. I feel abandoned by family members because I have HIV.
21. People treat me as less than human now that I have HIV.
22. People avoid me because I have HIV.
23. People I am close to are afraid they will catch HIV from me.
24. I feel like I am an outsider because I have HIV.
25. I feel ashamed to tell other people that I have HIV.
26. I am comfortable telling everyone I know that I have HIV.
27. My family is comfortable talking about my HIV.
28. It is important for a person to keep HIV a secret from co-workers.

TERMS OF USE:

Individuals may use this information for research or educational purposes only and may not use this information for commercial purposes. When using this instrument, please cite:

Sayles, J. N., Hays, R. D., Sarkisian, C. A., Mahajan, A. P., Spritzer, K. L., Cunningham, W. E. (2008). Development and Psychometric Assessment of a Multidimensional Measure of Internalized HIV Stigma in a Sample of HIV-positive Adults. *AIDS Behav*, 12, 748-758.

When presenting results using any survey information you obtained from the SABI, please acknowledge the University of North Carolina at Chapel Hill Center for AIDS Research (CFAR), an NIH funded program P30 AI50410.